

Bardstown-Nelson County Parks & Recreation Department

2010 SWIM LESSON SCHEDULE

Location: Bardstown City Pool, Tuesday – Friday, 2 week session (8 classes), \$35.00 per participant; Ages: 2 years - adult

AMERICAN RED CROSS SWIM LEVELS OFFERED

- * *Water Exploration (Level 0, 2-3 year olds) *parent in pool with child*
 - * *Introduction to Water Skills (Level 1, 4 – 5 year olds)*
 - * *Fundamental Aquatic Skills (Level 2)*
 - * *Stroke Development (Level 3)*
 - * *Stroke Improvement (Level 4)*
 - * *Stroke Refinement (Level 5)*
 - * *Adult Beginners (Level A, 14 years and over)*
- ➔ *A child's swimming ability will determine swim level. Minimum 8 participants per class.*

<u>DATES</u>	<u>TIMES</u>	<u>SWIM CLASS</u>
June 8 – June 18	10:45 a.m.-11:15 a.m.	Levels 2, 4, A
	11:20 a.m. 11:50 a.m.	Levels 1, 3, 5
	5:45 p.m. - 6:15 p.m.	Levels 1, 3, 5
	6:20 p.m. – 6:50 p.m.	Levels 2, 4, A
June 22 - July 2	10:45 a.m.-11:15 a.m.	Levels 0, 2, 4, A
	11:20 a.m. 11:50 a.m.	Levels 1, 3, 5
	5:45 p.m. - 6:15 p.m.	Levels 1, 3, 5
	6:20 p.m. – 6:50 p.m.	Levels 0, 2, 4, A
July 6 – July 16	10:45 a.m.-11:15 a.m.	Levels 2, 4, A
	11:20 a.m. 11:50 a.m.	Levels 1, 3, 5
	5:45 p.m. - 6:15 p.m.	Levels 1, 3, 5
	6:20 p.m. – 6:50 p.m.	Levels 2, 4, A
July 20 – July 30	11:30 a.m. – 12:00 p.m.	Level 0
	12:15 p.m. – 12:45 p.m.	All Levels
	5:45 p.m. – 6:15 p.m.	All Levels
	6:25 p.m. – 6:55 p.m.	Level 0

Registration will be taken at the Bardstown/Nelson County Recreation Department @ 116 North 5th Street. Monday through Friday, 8:30 a.m. – 5:00 p.m. No Phone-ins.

PARENTS MUST STAY IN CONCESSION AREA IF ATTENDING LESSONS!

Please mark class date, time, level and session, you will not be called.

Please read additional information on the back of this form.

It is your responsibility to read the information and address any questions to the
Bardstown Recreation Department @ 348-9281.

Dear Parents,

We are pleased to offer the 2010 American Red Cross Swim Program at the Bardstown-Nelson County Recreation Department. The following rules will enable us to teach your child effectively and safely. **It is your responsibility to read and follow these regulations.**

1. No one will be allowed in the pool area except students, instructors and aides for levels I - V. **Parents may watch through the fence or from concession area, however, students usually pay closer attention to their instructor when parents are not in view.**
2. Each child will be limited to an 8-lesson session of instruction (Tuesday - Friday) per two weeks.
3. The child's age is determined as of child's scheduled session.
4. A child's swimming ability and not the child's age will determine his/her swim class level. Understand that at the start of a new swim season, a child is likely not to be at the same level as he or she was the previous season.
5. All registrations must be made in person at the Bardstown-Nelson County Recreation Department office. No phone-ins.
6. **The fee must be paid and release form signed at the time of registration. Refunds will be given on a case by case basis within the first two days of the session. In refund cases will be handled through the Recreation Department Office @ 348-9281.**
7. Cancellations or class changes must be called into the Recreation Department at least one week prior to your child's scheduled session.
8. Parents will be held responsible for enrolling only those children who are in good physical condition. No child should attend class who is suffering from any type of skin disease, unhealed wounds or sores, head colds, etc. If any questionable conditions exist, a doctor's statement may be necessary.
9. Children shouldn't come to the pool before their specified class time. We cannot be responsible for these children. They are expected to be on time for their scheduled class.
10. Students will be expected to soap and shower at home and rinse shower at the pool prior to entering class. They will wait outside at the pool entrance in an orderly fashion until an instructor accompanies them into the pool.
11. Any time a child refuses to cooperate with the group and becomes a disciplinary problem, the child may be dropped from the class. **No child will be forced into the water.**
12. Each class will be 30 minutes. Children must depart the pool area immediately upon completion of their class.
13. There will be no chewing gum, food, or beverages allowed in the pool area.
14. Certificates will be issued to the students on the last class day.
15. **Classes will not be held in case of extreme cold and/or chance of thunderstorms. No make-up dates will be scheduled unless 3 or more classes are cancelled. Pertinent classes will be made up dependent upon availability of pool.**
16. **The Bardstown-Nelson County Parks & Recreation Department reserves the right to cancel any class session that does not meet the registration minimum of 8 or due to certified instructor shortage.**

Questions about your child's progress can be addressed to the instructor before or after the scheduled swim class.

✓ Please mark the class dates in which you have enrolled your child/children.